

# AVRO | BLOOD GLUCOSE METER

## REFERENCE GUIDE

### PRODUCT PICTURE

UP BUTTON

DOWN BUTTON

HOME BUTTON

TEST STRIP PORT

### TEST METER BASICS

(FOR FULL DISPLAY FEATURES, CONSULT THE ENCLOSED USER GUIDE)

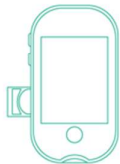
DATE (IF SET BY THE USER)

BATTERY LEVEL INDICATOR

TIME IN 24H FORMAT (IF SET BY THE USER)

BLOOD GLUCOSE LEVEL TEST RESULT IN MMOL/L

NOTE: THIS IS AN EXAMPLE OF THE DISPLAY TO EXPECT WHEN THE POWER IS ON AND A BLOOD SAMPLE HAS RECENTLY BEEN TESTED. ALL FIGURES WILL VARY.



### LOADING THE BATTERIES

OPEN THE BATTERY TRAY ON THE SIDE / REAR OF THE UNIT BY SLIDING IT OUT. INSERT THE SINGLE BATTERY THE CORRECT WAY UP (THE + SIDE OF THE BATTERY DOWNWARDS IN THE TRAY) AND SLIDE THE BATTERY TRAY BACK INTO POSITION.

## QUICK START GUIDE

01



### INSERT A TEST STRIP

WITH THE WHITE SIDE FACING UP, INSERT THE END OF THE TEST STRIP WITH THE TRANSPARENT TIP INTO THE PORT AT THE BASE OF THE DEVICE. ONCE IT IS INSERTED, YOU WILL HEAR A BEEP AND THE MACHINE WILL POWER UP.

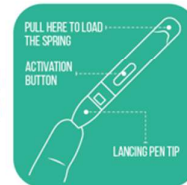
02



### SELECT & CLEAN A FINGERTIP

CHOOSE A FINGERTIP FROM WHICH TO DRAW YOUR BLOOD SAMPLE AND RINSE IT WITH WARM WATER, THEN DRY IT THOROUGHLY.

03



### BLOOD SAMPLE COLLECTION

1- OPEN THE LANCING PEN BY TWISTING THE GREY AREA AROUND THE WINDOW IN THE OPPOSITE DIRECTION TO THE REST OF THE VESSEL, THEN PULL APART.  
2- INSERT A NEW LANCE AND TWIST OFF THE PROTECTIVE CIRCULAR CAP TO EXPOSE THE SMALL NEEDLE TIP, THEN PUT THE LANCING PEN BACK TOGETHER AGAIN.  
3- SET A NUMBER FROM 1 TO 5 IN THE WINDOW BY TWISTING THE WHITE TIP OF THE PEN. 1 IS FOR THIN SKIN, 5 IS FOR THICK, WITH 2-4 FOR VARIOUS LEVELS IN BETWEEN\*\*.  
4- PULL BACK THE GREY PORTION OF THE BASE END OF THE PEN UNTIL YOU HEAR IT CLICK, MEANING THE SPRING HAS LOADED AND IT IS READY. LINE UP THE WHITE TIP OF THE PEN FIRMLY (BUT NOT FORCEFULLY) ON THE END OF ANY CLEAN FINGER AND PRESS THE ACTIVATION BUTTON (WITH THE THREE ARROWS) IN THE MIDDLE OF THE PEN. YOU WILL FEEL THE PRICK OF THE NEEDLE AND A DROP OF BLOOD WILL APPEAR\*\*

04



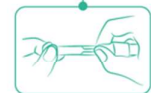
### GENERATE YOUR READING

DEPOSIT YOUR BLOOD INTO THE GROOVE ON THE END OF THE TEST STRIP. WHEN DONE CORRECTLY, THE BLOOD WILL SATURATE THE GROOVE AND THE DEVICE WILL START A 5 SECOND COUNTDOWN, AFTER WHICH YOUR READING WILL BE DISPLAYED ON THE SCREEN.

## NOTE

FOR FULL INSTRUCTIONS, PLEASE REFER TO THE ENCLOSED USER GUIDE.

INSERTING A NEW LANCE INTO THE PEN DEVICE



TWIST & REMOVE THE PROTECTIVE CAP TO EXPOSE THE NEEDLE

\* IN TIME, YOU WILL LEARN WHICH SETTING IS IDEAL FOR YOU TO DRAW ENOUGH BLOOD TO CREATE A DROP, WITHOUT CAUSING UNNECESSARY DISCOMFORT.

\*\* IF YOUR BLOOD DROP IS TOO SMALL OR YOU DON'T GET ONE AT ALL, TRY SQUEEZING YOUR FINGER AFTER USING THE PEN. IF THIS DOESN'T WORK, YOU WILL NEED TO SET A HIGHER NUMBER IN THE PEN'S WINDOW IN ORDER TO PENETRATE DEEPER INTO THE END OF THE FINGER AND DRAW A BIGGER BLOOD DROP.